



## Course Approval Request Form

*Use this customized approval request form to print and share with your district or state teaching licensure authority when seeking approval for a Professional Development Institute course.*

### About PDI

The Professional Development Institute (PDI) has been offering quality online courses to K-12 educators for decades and providing training to teachers across the globe. Every PDI course is approved for credit through the American College of Education and the prestigious University of California San Diego Division of Extended Studies.

American College of Education is approved by the Higher Learning Commission. UC San Diego is part of the University of California system and is accredited by the Western Association of Schools and Colleges (WASC).

Every PDI course is instructor-led and includes practical strategies for immediate implementation into the classroom, opportunities to interact with the instructor and other participants, rich content, and valuable assignments. Teachers must spend a minimum of three weeks in each course (consecutively, when taking multiple courses) before a final grade is released.

### Teacher Information

<b>Last Name:</b>	<b>First Name:</b>	<b>ID #:</b>
<b>School Name:</b>	<b>Address:</b>	
<b>Email Address:</b>	<b>Grade Level:</b>	<b>Daytime Phone:</b>

Course Number and Title:

**114T02 / ACE: LE5655 / UCSD: EDUC40261 / Building Critical Social and Emotional Skills Using Literature**

I am taking this course:

- for 3 semester units of graduate-level, degree-eligible credit through American College of Education.
- for 3 1/3 semester units of post-baccalaureate credit through UC San Diego Division of Extended Studies.
- as an in-service course. I may request a PDI Grade Report to document my completion.

Course Description:

Do you wish you had an appropriate and engaging way to address social-emotional issues? Do you like to use authentic literature in your classroom teaching? SEL is a process for learning essential life skills such as decision making, problem solving, effective communication, empathy, perseverance, and coping, just to name a few. Teachers are searching for the most effective ways to introduce and teach appropriate social-emotional skills in the classroom as they relate to sensitive issues, many of which are beyond their control. This online course provides the perfect approach by using high-quality literature to deal with sensitive issues from tattling and appropriately developing friendships, to depression, stress and anxiety, bullying, substance abuse, and others. Teachers will be provided with thorough background information on each topic as well as the implications for the classroom environment and teaching. Then, a minimum of two books are shared for each topic along with three-to-five lesson plans for each title. The course introduces lesson plans for over twenty chapter books and thirteen picture books. An additional list of picture books and novels are shared for every single social-emotional topic presented in the course. By the end of this course, teachers will be well prepared to teach critical SEL skills through the reading of quality literature.

Seeking approval for:

- \_\_\_\_\_ recertification/relicensure
- \_\_\_\_\_ personal and/or professional growth
- \_\_\_\_\_ district or state requirement

Signature

Date