



## Course Approval Request Form

*Use this customized approval request form to print and share with your district or state teaching licensure authority when seeking approval for a Professional Development Institute course.*

### About PDI

The Professional Development Institute (PDI) has been offering quality online courses to K-12 educators for decades and providing training to teachers across the globe. Every PDI course is approved for credit through the American College of Education and the prestigious University of California San Diego Division of Extended Studies.

American College of Education is approved by the Higher Learning Commission. UC San Diego is part of the University of California system and is accredited by the Western Association of Schools and Colleges (WASC).

Every PDI course is instructor-led and includes practical strategies for immediate implementation into the classroom, opportunities to interact with the instructor and other participants, rich content, and valuable assignments. Teachers must spend a minimum of three weeks in each course (consecutively, when taking multiple courses) before a final grade is released.

### Teacher Information

<b>Last Name:</b>	<b>First Name:</b>	<b>ID #:</b>
<b>School Name:</b>	<b>Address:</b>	
<b>Email Address:</b>	<b>Grade Level:</b>	<b>Daytime Phone:</b>

Course Number and Title:

**172T02 / ACE: LE5780 / UCSD: EDUC42654 / Proactive Strategies for Middle and High School Behavior Management**

I am taking this course:

- for 3 semester units of graduate-level, degree-eligible credit through American College of Education.
- for 3 1/3 semester units of post-baccalaureate credit through UC San Diego Division of Extended Studies.
- as an in-service course. I may request a PDI Grade Report to document my completion.

Course Description:

Have you ever wondered why managing student behavior in middle and high school classrooms feels more challenging now than ever before? This online course for teachers equips middle and high school educators with the knowledge and strategies to navigate today's complex classroom behaviors. Grounded in research on adolescent development, social-emotional learning, and the science of behavior, the course helps teachers understand why students act out and how to respond effectively. Participants will explore practical approaches to setting clear expectations, fostering strong relationships, and building students' emotional intelligence. Special emphasis is placed on addressing disruptive behaviors such as defiance, cell phone misuse, bullying, and lack of engagement, while also highlighting the importance of empathy, restorative practices, and open communication. Teachers will learn how to identify the functions of behavior, implement behavior intervention plans (BIPs), and use proactive strategies to support students' mental health and executive functioning. By the end of this continuing education course, teachers will walk away with a toolkit of evidence-based strategies to increase student motivation, improve classroom climate, foster positive student-teacher interactions, and ultimately create a learning environment where every student feels valued, respected, and engaged.

Seeking approval for:

- \_\_\_\_\_ recertification/relicensure
- \_\_\_\_\_ personal and/or professional growth
- \_\_\_\_\_ district or state requirement

Signature

Date